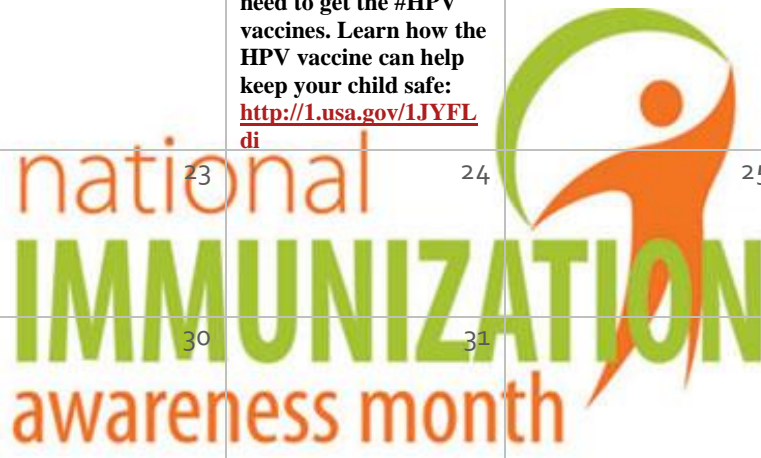


August

2018

National Immunization Awareness Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			1 We all need shots (also called vaccinations or immunizations) to help protect us from serious diseases.	2	3 It's important to know which shots you need and when to get them.	4	
5 Shots can prevent serious diseases like the flu, measles, and pneumonia.	6	7 If you have a child age 6 or younger, find out which shots your child needs at https://www2a.cdc.gov/nip/kidstuff/newscheduler/le/	8	9 DYK? All adults need a Td booster shot every 10 years. Learn more about shots recommended for adults: http://1.usa.gov/16bENX2	10	11 Talk to your doctor or nurse to make sure that everyone in your family gets the shots they need.	
12	13 Everyone age 6 months and older needs to get a flu vaccine every year	14	15 Traveling soon? Find out if you need extra shots to stay safe: http://1.usa.gov/1Bjx8cc	16	17 Both boys and girls need to get the #HPV vaccines. Learn how the HPV vaccine can help keep your child safe: http://1.usa.gov/1JYFLdi	18	
19 If you are pregnant, check out this recommended immunization schedule	20	21 Health tip: Keep a copy of your vaccination record in a safe place.	22				23
26	27 Use this chart for adults to see if you are up to date on your shots	28	29				30

For more information visit <https://www.cdc.gov/vaccines/events/niam.html> and <https://www.cdc.gov/vaccines/index.html>