

National Safety Month

The worst drug epidemic TODAY



Since 1999, the number of **prescription painkiller deaths** has risen by **more than 300%**

nsc.org/rxpainkillers



Prevention keeps you safe

By: THE LOCAL DEPARTMENT OF HEALTH

According to the Injuryfact.nsc.org in 2016, the U.S. experienced

- 161,374 preventable deaths
- 44.5 million injuries
- \$967.9 in costs

Preventable injuries are the 3rd leading cause of death after heart disease, cancer and chronic disease. In the United States, **every 10 minutes** 3 people die from preventable incidences, 847 people will suffer an injury severe enough to require a doctor or medical professional, and this will cost us \$18.42 million.

National safety council, (2017). *Minute by minute*. Retrieved from <http://injuryfacts.nsc.org/all-injuries/preventable-death-overview/minute-by-minute/>

What are the odds?

Cause of Death	Odds of Dying
Heart disease	1 in 6
Motor vehicle crash	1 in 102
Suicide	1 in 91
Opioid Pain Killers	1 in 109
Pedestrian incident	1 in 561

National Safety Council, (2016). *Odds of dying*. Retrieved from <http://injuryfacts.nsc.org/all-injuries/preventable-death-overview/odds-of-dying/>



Total Cost of All Injuries

\$967.9 billion



\$0.63

of every dollar paid in personal federal income tax





\$0.55

of every dollar spent on food in the U.S.

June

2018

National Safety Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>3</p> <p>Prescription drugs are one of the most commonly misused substances by Americans age 14 and older. Learn more: http://bit.ly/1UnsrBe</p>	<p>4</p> 	<p>5</p> <p>Prescription painkiller overdoses are a growing problem in the United States, especially among women. About 18 women die every day from a prescription painkiller overdose</p>	<p>6</p>	<p>7</p> <p>Injuries are a leading cause of disability for people of all ages – and they are the leading cause of death for Americans ages 1 to 44.</p>	<p>8</p> <p>It's National Safety Month! Parents: Learn how you can protect your child from injury: http://bit.ly/2p20cv7</p>	<p>9</p> <p>One in 4 older adults falls each year. Many falls lead to broken bones and other health problems. Take these steps to prevent falls at home: http://bit.ly/2oFbe1o</p>
<p>10</p>	<p>11</p> <p>Riding bikes is a great way to get active. Use these tips to stay alert and safe: http://1.usa.gov/1e2FXKq</p>	<p>12</p>	<p>13</p> <p>Texting while driving is unsafe, & it is illegal in the State of New Jersey</p>	<p>14</p>	<p>15</p> <p>Safety tip: Add the poison control number (1-800-222-1222) to your cell phone. http://bit.ly/2ncOFcO</p>	<p>16</p> 
<p>17</p>	<p>18</p>	<p>20</p>	<p>21</p>	<p>22</p>	<p>23</p>	<p>24</p>
<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>