

**BOROUGH OF MOUNTAIN LAKES
COUNTY OF MORRIS, NJ**

**HEALTH COMMISSION MINUTES
January 28, 2020**

1. CALL TO ORDER; OPENING STATEMENT

The meeting was called to order at 5:35p.m. by Ms. O'Leary.

2. ROLL CALL

Commission members Kevin Duvall, Dr. Barbara Girz, MJ O'Leary, Dr. Behnam Salari and Kelly Walsh were in attendance, as well as Health Officer Mike Fitzpatrick and Board of Health Secretary Cara Fox. Commission Member Dr. Stephen Leviss and Council Liaison Janet Horst were absent.

3. PUBLIC COMMENT

With consent of the Commission, Ms. O'Leary, opened the meeting for public comment. There were no members of the public present who wished to address the Commission.

4. ELECTION OF CHAIR & VICE CHAIR

Ms. Fox called for nominations for Chairperson. Motion by Ms. Walsh, second by Dr. Salari, nominating MJ O'Leary as Chairperson. With no other nominations, Ms. Fox closed the nominations. The Commission unanimously elected MJ O'Leary to the office of Chairperson with all members in favor signifying by "aye".

Chairperson O'Leary called for nominations for Vice-Chairperson. Motion by Ms. O'Leary, second by Mr. Duvall, nominating Kelly Walsh as Vice-Chairperson. With no other nominations, MJ O'Leary closed the nominations. The Commission unanimously elected Kelly Walsh to the office of Vice-Chairperson with all members in favor signifying by "aye".

5. APPROVAL OF MINUTES

Motion made by Mr. Duvall, second by Ms. Walsh, to approve the Health Commission meeting minutes from November 5, 2019.

6. BOROUGH UPDATE

Ms. Fox reported that 76 animals were vaccinated at the Borough's Rabies Clinic held on Saturday, December 7, 2019. Ms. Fox advised that January is pet licensing month and all dogs and cats must be licensed by January 31st. Ms. Fox reported that the Borough Council appointed Dr. Benham Salari as an Alternate Member to the Commission and his term expires 12/31/2020.

7. HEALTH OFFICER REPORT

Mr. Fitzpatrick reviewed his reports from October through December 2019.

8. COMMISSION DISCUSSION

The Commission discussed goals for 2020 and agreed that they would continue to focus on the Stigma-Free Initiative as a goal. The Commission agreed that a task force of community members should be created to expand the Stigma-Free Initiative. The Commission agreed that the Stigma Free subcommittee will create a letter to send to leaders of local organizations asking them to join the Stigma-Free Initiative. The subcommittee will also create a list of organizations to send the letter to. Ms. O'Leary reported that she has not heard back from the Morris County Stigma-Free Communities Initiative to determine if they will pay for informational postcards and she will contact them again.

9. ADJOURNMENT

Motion made by Dr. Girz, second by Ms. Walsh, to adjourn the meeting at 6:23pm with all members in favor signifying by "Aye".

Cara Fox
Board of Health Secretary

Borough of Mountain Lakes

BOARD OF HEALTH

400 BOULEVARD • MOUNTAIN LAKES, NEW JERSEY 07046

Telephone: (973) 334-3131 • Fax: (973) 402-5595



October 2019

Administration/Tests:

- Review all swimming pool and spa results – Craig school, YMCA and Sports Care.
- Reviewed staff reports and collaborate regarding items or issues of concern.
- Retail food establishment updates and spot checks
- Continued working on lead education program
- Discussion with the Administrator regarding lead samples and radon testing
- Discussed radon testing for 2020

Environmental Inspections

Mountain Lakes

<u>Date</u>	<u>Business Name</u>	<u>Address</u>	<u>Inspection Type</u>	<u>Evaluation</u>	<u>Risk</u>	<u>Key</u>
10/4/2019	Country Day School	356 US – 46	Routine	Satisfactory		
10/4/2019	King of Kings	3768 US – 46	Routine	Satisfactory		
10/16/2019	Paul's Diner	320 US – 46	Routine	Satisfactory	3	
10/25/2019	Zeris Inn	372 US – 46	Routine	Satisfactory	3	
10/25/2019	The Station	99 Midvale Road	Routine	Satisfactory	3	

- Two inspections at Lightbridge Academy- final approval.

Key-Explanation of Evaluation

1. Food not protected from contamination from handling and/or storage.
2. Incorrect temperatures.
3. Insanitary equipment, utensils, & linens.
4. Gross insanitary conditions.
5. Presence/evidence of insects/vermin.
6. Not keeping proper pH logs/having the skill of how to accurately take pH

CDC/NJDOH PUBLIC HEALTH ALERTS

Subject: Notice to Clinicians: Maintaining Vigilance for Acute Flaccid Myelitis (AFM) Cases

Date: 10/24/2019; 11:19:09

Message#: 103898-10-24-2019-PHUP

Contact Info: Susan E. Hannagan, NJDOH VPDP

Phone: 609-826-5964; Email: susan.hannagan@doh.nj.gov

Elizabeth F. Zaremski, NJDOH VPDP

Phone: 609-826-5964; Email: elizabeth.zaremski@doh.nj.gov

The New Jersey Department of Health (NJDOH) would like to remind clinicians to report suspected cases of acute flaccid myelitis

(AFM). AFM is an illness characterized by acute onset of flaccid limb weakness and magnetic resonance imaging (MRI) showing lesions in the gray matter of the spinal cord. AFM has been under investigation by health departments and the Centers for Disease Control and Prevention (CDC) since 2014.

Surveillance has shown that AFM cases generally peak in the months of August, September and October and are typically seen in children. A biennial pattern has been observed, with the majority of cases reported in 2014, 2016, and 2018. In 2018, the CDC confirmed 236 cases of AFM in 41 states across the U.S., which was the highest number of cases reported since surveillance started for AFM in 2014. The average age of patients with AFM was 5 years. Of these, 11 confirmed cases in 2018 were from New Jersey.

Smaller numbers of cases were reported in 2015 and 2017. While 2019 appears to be following the pattern of a non-peak year, clinicians are encouraged to maintain vigilance for possible cases. As of October 4, 2019, there are 22 confirmed cases from 9 states. There have not been any confirmed cases in 2019 in New Jersey.

The NJDOH advises clinicians to be alert for AFM in patients presenting with acute flaccid limb weakness, especially after respiratory symptoms or fever, and/or if an MRI shows a spinal lesion with gray matter involvement.

Suspect cases should be reported to NJDOH during regular business hours at (609) 826-5964. To send information about a patient suspected of having AFM, clinicians should complete the attached patient summary form (also found at link below). Clinicians should also collect specimens from AFM patients as early as possible in the course of illness. Instructions for specimen collection can be found here: <https://www.cdc.gov/acute-flaccid-myelitis/hcp/specimen-collection.html>.

Additional Resources

NJDOH website

<https://www.nj.gov/health/cd/topics/afm.shtml>

CDC website

<https://www.cdc.gov/acute-flaccid-myelitis/index.html>

Patient Summary Form

<http://www.cdc.gov/acute-flaccid-myelitis/hcp/data.html>

Additional References and Resources

<http://www.cdc.gov/acute-flaccid-myelitis/references.html>

Monthly Activities

CDRSS is checked, at minimum, twice daily to review for newly listed communicable diseases. This is accomplished by all nursing staff. Upon the listing of a new disease, investigation of disease is initiated by PHN.

NJLINGS checked daily. Health alerts and advisories are reviewed by all Public Health nurses. Health alerts, recalls, and specific health advisories are forwarded to the Health Educator for dissemination of information to the public if action is warranted as per NJLINGS.

Screenings This Month

No screenings this month.

Seasonal Flu Activities

One influenza clinic was held in Mountain Lakes on October 28th 2019 from 10am-12noon. An additional clinic is scheduled in Mountain Lakes for the evening of November 4th 2019 from 7pm-8pm. Among employees and the public seven (7) vaccines were administered on October 28th 2019.

Public Health Nursing continues to receive inquiries and schedules appointments for influenza vaccination for the public and for Township employees. We continue to disseminate the message to the public that individuals who did not receive the vaccine the doses are still available and appropriate to receive via newsletters, social media and the township website.

Influenza activity as reported by NJDOH surveillance remains **low** for this region for week ending October 26th, 2019.

Disease Prevention - Well Child Program – 2 months thru 18 years of age - L. Gearhart, PHRN

No patients this month for the Well Child Program.

Childhood Lead Poisoning Prevention Program – T. Fucci, PHRN

No cases from Mountain Lakes reported to our office during this month. Lead case management monitoring occurs twice daily a minimum for jurisdiction within the NJDOH Welligent LeadTrax Monitoring system.

TB Control Program – T. Fucci, PHRN

No Mantoux tests were administered this month.

Perinatal Hepatitis B Prevention Program, T. Fucci, PHRN

No PNHBV cases from Mountain Lakes reported to our office during this month.

Communicable Disease

The classifications for the cases listed below are based on the investigation conducted by the PHN, laboratory evaluation and NJDOH case definition. All investigation information is entered into CDRSS; NJDOH reads entries, comments on individual cases, will send PHN email requesting more data. Once NJDOH is satisfied with investigation methods, the case is approved and closed

Patient Status is based on pt s/s, lab result interpretation and NJDOH Case Definition which is found in the NJDOH Communicable Disease Manual

October 2019

New Cases: 2	Ongoing Cases: 0
1-Lyme- not a case & closed 1- Hepatitis C-not a case & closed	

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November 2019

Administration/Tests:

- Review all swimming pool and spa results – Craig school, YMCA and Sports Care.
- Reviewed staff reports and collaborate regarding items or issues of concern.
- Retail food establishment updates and spot checks
- Continued working on lead education program
- Received Award letter for Radon Awareness Month will distribute radon canisters

Nursing

CDC/NJDOH PUBLIC HEALTH ALERTS

UPDATED ZIKA TESTING RECOMMENDATIONS

Guidance Update

Date: November 22, 2019

Public Health Message Type: Alert Advisory Update Information

Intended Audience: All public health partners Healthcare providers Infection preventionists Local health departments

Schools/child care centers ACOs

Animal health professionals Other:

Key Points or Updates:

- (1) Routine serological testing for Zika virus is no longer recommended.
- (2) CDC does not currently recommend conducting routine Zika IgM testing for symptomatic persons. CDC also does not recommend routine Zika virus testing (NAAT or IgM) for asymptomatic pregnant women living or traveling in the U.S. and its territories.
- (3) NAAT testing may still be considered for asymptomatic pregnant women who travel to an area with risk of Zika (purple areas) outside of the U.S. and its territories.
- (4) Guidance for testing of infants with possible congenital Zika virus infection is unchanged.

Action Items:

- (1) Guidance may change based on the epidemiology of Zika and dengue viruses. Clinicians should review current CDC testing recommendations.
- (2) Zika and dengue testing are widely available at most commercial laboratories. In certain circumstances, and consistent with current CDC recommendations, Zika testing can be provided at the NJ Public Health and Environmental Laboratories. Updated eligibility criteria and procedures for requesting public health testing are posted online at <https://nj.gov/health/cd/topics/zika.shtml> under "Laboratory Testing and Information".

Contact Information:

- Kim Cervantes or Moji Ojo, Vector-borne Disease Program; kim.cervantes@doh.nj.gov or mojisola.ojo@doh.nj.gov or (609) 826-5964

References and Resources:

- NEW CDC Zika and Dengue Testing Guidance (November 2019): <https://www.cdc.gov/zika/hc-providers/testing-guidance.html>
- NJDOH Zika Resources: <https://nj.gov/health/cd/topics/zika.shtml>
- Areas of active dengue transmission: <https://wwwnc.cdc.gov/travel/notices>
- Zika Travel Recommendation Map: <https://wwwnc.cdc.gov/travel/page/zika-information>

Monthly Activities

CDRSS is checked, at minimum, twice daily to review for newly listed communicable diseases. This is accomplished by all nursing staff. Upon the listing of a new disease, investigation of disease is initiated by PHN.

NJLINCS checked daily. Health alerts and advisories are reviewed by all Public Health nurses. Health alerts, recalls, and specific health advisories are forwarded to the Health Educator for dissemination of information to the public if action is warranted as per NJLINCS.

Screenings This Month

No screenings this month.

Seasonal Flu Activities

Two influenza clinics were held in Mountain Lakes on November 4th from 7pm-8pm and November 12th 2019 from 11am-11:30am. Among employees and the public ten (10) vaccines were administered between the two events.

Public Health Nursing continues to receive inquiries and schedules appointments for influenza vaccination for the public and for Township employees. We continue to disseminate the message to the public that individuals who did not receive the vaccine the doses are still available and appropriate to receive via newsletters, social media and the township website.

Influenza activity as reported by NJDOH surveillance remains **moderate** for this region for week ending November 23rd 2019.

Disease Prevention - Well Child Program – 2 months thru 18 years of age - L. Gearhart, PHRN

No patients this month for the Well Child Program.

Childhood Lead Poisoning Prevention Program – T. Fucci, PHRN

No cases from Mountain Lakes reported to our office during this month. Lead case management monitoring occurs twice daily at a minimum for jurisdiction within the NJDOH Welligent LeadTrax Monitoring system.

TB Control Program – T. Fucci, PHRN

No Mantoux tests were administered this month.

Perinatal Hepatitis B Prevention Program, T. Fucci, PHRN

No PNHBV cases from Mountain Lakes reported to our office during this month.

Communicable Disease

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Patient Status is based on pt s/s, lab result interpretation and NJDOH Case Definition which is found in the NJDOH Communicable Disease Manual

November 2019

New Cases: 0	Ongoing Cases: 0
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Health Education

Month's Health Topic

- National Diabetes awareness month newsletter explained what diabetes is and the difference between Type 1 and 2 diabetes. It also explains how many people are affected by diabetes nationwide and the risk factors associated with prediabetes. Two fact sheets were also included with the monthly newsletter on the health risk associated with the use of e-cigarettes and vaping. The newsletter and factsheets were posted on the borough's website.

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December 2019

Administration/Tests:

- Review all swimming pool and spa results – Craig school, YMCA and Sports Care.
- Reviewed staff reports and collaborate regarding items or issues of concern.
- Retail food establishment updates and spot checks
- Continued working on lead education program
- Radon Canisters are available for distribution

Inspections

- 12.9.2019 – Barka Re-inspection – remains conditionally satisfactory
- 12.9.2019 – The Mansion Re-inspection – remains conditionally satisfactory
- 12.18.2019 - The Mansion Re-inspection – Satisfactory
- 12.18.2019 – Barka Re-inspection – remains conditionally satisfactory
- 1.13.2020 “Update” Re-inspection now Satisfactory

Court Appearances

- 12.19.2019 – The Mansion – verdict – Guilty
- 12.19.2019 – Barka – Rescheduled to 1.23.2020

Nursing

CDC/NJDOH PUBLIC HEALTH ALERTS

Salmonella Infections associated with Healthcare Facilities linked to Tailor Cut Produce Fruit Mix: Information for Clinicians, Laboratorians and Local Health Department Investigators

Date: December 9, 2019

Public Health Message Type: Alert Advisory Update Information

Intended Audience: All public health partners Healthcare providers Infection preventionists Local health department
 Schools/child care centers ACOs Animal health professionals Other:

Key Points:

- NJDOH is working closely with CDC, public health and regulatory officials in neighboring states, and the U.S. Food and Drug Administration to investigate the possibility of associated Salmonella infections in NJ
- Tailor Cut Produce of New Jersey reports that their recalled fruit products were distributed in Delaware, New Jersey, New York and Pennsylvania
- FDA recommends that facilities should not sell or serve the fruit mix containing cantaloupe, honey dew, pineapple, grapes prepared by Tailor Cut Produce
- Clinicians should order testing by culture when the clinical presentation or history suggests a possible Salmonella infection.
- Local health department (LHD) investigators should promptly interview all Salmonellosis cases with the New Jersey Department of Health (NJDOH) Salmonellosis surveillance case report form and update CDRSS with exposures.

https://www.nj.gov/health/cd/documents/topics/salmonella/salmonella_case_report_form.pdf

Reporting and Isolate Submission:

- All cases of Salmonellosis should be reported in CDRSS or to the LHD where the patient resides. Contact information for LHDs

during business hours can be found at: <https://www.state.nj.us/health/lh/community/>

•It is also required that laboratories submit all Salmonella isolates to PHEL within three days for further characterization to aid in public health surveillance.

Contact Information:

•Deepam Thomas, Foodborne Disease Program Coordinator (deepam.thomas@doh.nj.gov) or The Communicable Disease Service at (609) 826-5964 during business hours.

References and Resources:

•NJDOH Salmonellosis Home Page: <http://www.nj.gov/health/cd/topics/salmonella.shtml>

•FDA Web posting: <https://www.fda.gov/food/outbreaks-foodborne-illness/outbreakinvestigation-salmonella-potentially-linked-tailor-cut-produce-fruit-mix-winter-2019>

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Screenings This Month

No screenings this month.

Seasonal Flu Activities

Public Health Nursing continues to receive inquiries and schedules appointments for influenza vaccination for the public and for Township employees. We continue to disseminate the message to the public that individuals who did not receive the vaccine the doses are still available and appropriate to receive via newsletters, social media and the township website.

Influenza activity as reported by NJDOH surveillance remains **high** for this region for week ending December 28th 2019.

Disease Prevention - Well Child Program – 2 months thru 18 years of age - L. Gearhart, PHRN

No patients this month for the Well Child Program.

Childhood Lead Poisoning Prevention Program – T. Fucci, PHRN

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December 2019

New Cases: 1	Ongoing Cases: 0
1-Hepatitis A- Not a case	

Health Education

Month's Health Topic

- National influenza vaccine week newsletter explained seven preventive actions to stop the spread of germs. How the flu vaccine works, who should be vaccinated and when according to the Centers for Disease Control and Prevention (CDC). A fact sheet about the importance of physical activity was also distributed explaining the health risk associated with inactivity. The newsletter and factsheet were posted on the borough's website.

Community Engagement

- Health Educator Sharon Guerrero attended the annual The New Jersey Society for Public Health Education (NJSOPHE) meeting held at Rutgers University. The keynote speakers discussed climate change and the effects on vulnerable populations and health equity. Factors contributing to social vulnerability were; age, ethnicity, race, gender, physical ability, health, socioeconomic status, occupation, access to information, and location.