

**MOUNTAIN LAKES SWIMMING AND DIVING ASSOCIATION
PARENTAL CONSENT AND WAIVER OF LIABILITY**

LAST NAME: _____

FIRST NAME(S) & BIRTH DATE(S): _____

ADDRESS: _____ PHONE: _____

PARENTS' NAMES: _____ AND _____

The above-named parents or guardians ("Parents") of the above-named child/children ("Child") hereby consent to the Child's participation in the swim team activities authorized and conducted by the Mountain Lakes Swimming and Diving Association (hereinafter "Association"), including, but not limited to, practice sessions, competitive events, social events and related recreation, training and travel, and the taking and use of photographs of the Child for team related purposes, including promotion and advertisement (collectively the "Program").

Knowing that the Association will rely thereon, the Parents hereby represent that the Child is physically able to participate in the Program and that the Child does not suffer from any condition, sickness, or disease which would impair the Child's ability to participate in the Program or which presents any danger to the well-being of the Child as a result of such participation.

The Parents and Child understand that the Child's participation in the Program is at the Child's own risk and that the Parents and Child assume the hazards of participation in the Program and of any transportation to and from any activities which are part of the Program.

The Parents and Child (jointly and severally) hereby (i) waive all rights, claims and causes of action (collectively "Claims") against the Association and/or any of its members, officers, trustees, coaches, volunteers, agents and employees (collectively "Related Persons") for any and all liabilities, costs, expenses, damages and/or injuries, including, without limitation, personal injury, (collectively "Damages") arising out of or relating to the Child's participation in the Program or arising out of or relating to any condition, sickness or disease affecting the Child and (ii) release and discharge, and agree to indemnify, defend and hold harmless, the Association and each Related Person from and against any and all Claims and/or Damages, including, without limitation, any action or proceeding related thereto, arising out of or relating to the Child's participation in the Program or arising out of or relating to any condition, sickness or disease affecting the Child.

THE UNDERSIGNED HEREBY REPRESENTS THAT HE/SHE IS AUTHORIZED TO EXECUTE THIS DOCUMENT ON BEHALF OF EACH PARENT AND CHILD NAMED HEREIN AND CERTIFIES THAT HE/SHE HAS READ AND FULLY UNDERSTANDS THIS PARENTAL CONSENT AND WAIVER OF LIABILITY.

Dated at Mountain Lakes, NJ this _____ day of _____, 20__

WITNESS: _____

PARENT OR GUARDIAN: _____